

## **Policy on Food Allergies**

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*"The general banning of food or food products is not recommended by health experts as there is a lack of evidence to suggest that banning food from entering a school is helpful in reducing the risk of anaphylaxis. Schools are encouraged to become aware of the risks associated with anaphylaxis and implement a broad range of strategies to minimise exposure to the known allergens."*

From DoE Anaphylaxis Procedures for Schools

As a community concern KHS asks that, wherever possible, parents avoid the use of nuts or nut products in providing food for their children to bring to school or to school-based activities. To minimise the risk of exposure to high-risk allergens, KHS avoids the use of peanuts, peanut butter or other peanut-related products in all curricular and extra-curricular activities. Curriculum materials are regularly reviewed to ascertain that they do not advocate the use of peanuts, peanut butter or other peanut products.

Within our school community there are currently 42 students who are known to be at risk from a variety of allergens. Those students who have a prescribed adrenaline auto injector are asked to carry it with them at all times, and to provide an additional auto injector to be kept at Reception in A Block. There are also 6 locations around the school where adrenaline auto injectors are provided and staff are alerted to those students in danger and to the location of adrenaline auto injectors across the school. All staff are trained in the use of adrenaline auto injectors.

Families must provide KHS with up to date health care plans and action plans, and when students are taken off the school premises, to provide them with suitable and safe food products. All lunches should be carefully labelled for the specific student.

Dietary requirements must be discussed with the HT Student Wellbeing, Year Adviser or Faculty Head Teacher prior to camps and overnight excursions.